

2026 Shenzhen Marathon Rules&Regulations

I. Competition Date and Venue

(1) Competition Date: 7:30 a.m. on Sunday, December 7, 2025

(2) Competition Venue: Shenzhen

II. Competition Events and Scale

(1) Marathon (42.195 km)

(2) Number of Participants: 30,000

III. Competition Categories

Men's and Women's Individual Races

IV. Competition Route

(1) Start: Shenzhen Civil Center

(2) Finish: Bao'an District Haibin Square

Race Route: Shenzhen Civil Center (start) - Shennan Avenue (north side westbound) - Shahe West Road (west side southbound) - Wanghai Road (west side southbound) - Wanghai Road (Shenzhen Bay Sports Park, turn back) - Wanghai Road (east side northbound) - Shahe West Road (east side northbound) - Shahe West Road (Near Jintongshahe West Interchange, turn back) - Shahe West Road (west side southbound) - Shennan Avenue (north side westbound) - Baoan Avenue(north side westbound) - Hubin West Road (south side westbound, reverse) - Menghai Avenue (east side southbound, reverse) - Qianhai Avenue (south side westbound, turn back at Qianhai Stone Park, reverse) - Qianhai Avenue (north side eastbound, reverse) - Menghai Avenue (west side northbound, reverse) - Hubin West Road (north side westbound) - Haixiu Road (east side northbound) - Haibin Square (finish)

V. Competition Rules

(1) This competition shall be conducted in accordance with the World Athletics Competition and Technical Rules, World Athletics Label Road Race Rules, relevant management measures for marathon events of the Chinese Athletics Association, and the Shenzhen Marathon Competition Rules.

(2) In accordance with the Notice on Disabled Athletes Participating in National Marathon and Related Sports Events issued by the Chinese Athletics Association, disabled athletes who meet the entry requirements are allowed to participate in this competition.

(3) All participants shall check in at the designated time and area. The check-in time is 6:00-7:15 on December 7, 2025. Invited athletes must check in separately with their original passports or original valid ID documents to participate in the competition.

(4) Starting Method: Wave start by zones. The zoning is based on the best performance of applicants in marathon events certified as "Category A Events" by the Chinese Athletics Association (queryable on the "China Marathon" website from January 1, 2022 (inclusive) to the registration date). Participants shall gather in the designated zones. The organizing committee will set up check-in timing mats in front of each zone; participants must enter strictly according to their zones. After the starting gun is fired, participants must first pass through the check-in timing mat of

their own zone, then pass through the check-in timing mats of the preceding zones and the starting point timing mat in sequence for their results to be valid.

Note: To ensure the safety of non-racing wheelchair participants and other participants, non-racing wheelchair users shall start at the end of the general participants' queue. Please follow the guidance of referees and volunteers and start in order.

(5) Starting Gun Method: A method of firing the starting gun in batches and starting at different times shall be adopted. The specific method will be notified to participants supplementarily based on the registration situation.

(6) Cut-off Time: To ensure the safe participation of participants, sections of the race route will be closed to traffic within a limited time during the competition. After the cut-off time, the corresponding road sections will be reopened to public traffic section by section. Participants who fail to complete the corresponding distance within the specified cut-off time must stop the competition immediately and exit the route to avoid danger. Participants who withdraw from the competition can take the shuttle bus provided by the organizing committee to the finishing point. Otherwise, the participant shall bear the corresponding legal liability and compensation liability for any accidents caused thereby. In case of special circumstances, the organizing committee may close the route in advance, and participants shall obey the command. The cut-off time is shown in the table below (calculated from the start time after each batch of starting guns is fired):

Event	Distance	Cut-off Duration
Marathon	5km	1 hour
	10km	1 hour 30 minutes
	15km	2 hours 10 minutes
	20km	2 hours 50 minutes
	21.0975km	3 hours
	25km	3 hours 30 minutes
	30km	4 hours 15 minutes
	35km	5 hours 10 minutes
	40km	5 hours 50 minutes
	42.195km	6 hours 15 minutes

(7) Timing Method

The organizing committee provides chip timing service for all participants of the marathon (42.195 km).

The results of the top 8 male and female winners of the marathon shall be based on gun time; the results of others (including teams) shall be based on net time.

Net timing is provided for the competition. After the starting guns are fired in batches, all participants start in sequence by zones. During the race, participants must pass through all ground chip timing mats; if the result of any split timing point is missing, the participant's competition result will be cancelled. The timing chip is a one-time chip, no deposit is required, and it will be distributed together with the bib number before the competition.

The organizing committee does not recognize the competition results obtained with timing chips not designated by the event.

(8) Bag Check-in and Pick-up

Participants must store their personal items at the storage points designated by the organizing committee in accordance with the regulations. Valuable items (such as mobile phones, valid documents, cash, keys, credit cards, computers, etc.) shall not be stored in the bags.

The bag check-in time is 6:00-7:10 on the competition day.

The deadline for bag pick-up is 14:45 on the competition day. Those who fail to pick up their bags before the deadline can collect them from the organizing committee within 3 days after the competition (December 8-December 10, 9:30-17:00). After the deadline, the bags will be treated as unclaimed. Contact number: 0755-25127039.

(9) Refreshment stations, Drinking/Sponging Station

Location	Refreshment station	Drinking/Sponging Station	Food Supply	Spray
5km	√			
7.5km		√	√	
10km	√			
12.5km		√	√	
15km	√			
17.5km		√	√	√
20km	√			
22.5km		√	√	√
25km	√			
27.5km		√	√	√
30km	√			
32.5km		√	√	√
35km	√			
37.5km		√	√	√
40km	√			

(10) Doping tests shall be conducted in accordance with relevant regulations.

(11) The organizing committee will conduct video monitoring at the starting point, key sections of the entire route and the finishing point. In case of any of the following violations of competition rules, the competition referees have the right to stop the participant's competition, confiscate the violator's bib number on the spot and cancel his/her qualification. After the competition, the organizing committee will impose penalties such as canceling the participant's results, banning him/her from participating in the Shenzhen Marathon for two years, or permanently banning

him/her from participating in the Shenzhen Marathon (depending on the severity of the case), and report to the Chinese Athletics Association for additional penalties:

1. Registering with a false age or having someone else run on behalf of the registrant after registration;
2. Concealing physical diseases;
3. Failing to wear the competition clothing and bib number as required;
4. Starting in a non-designated area and not following the specified starting order;
5. False starting before the specified starting time;
6. The participant's coach or agent entering the race route by any vehicle;
7. Not completing the race along the specified route, taking a shortcut, cutting in halfway or entering the route after taking a vehicle;
8. Committing fouls such as pushing, shoving, colliding or tripping others during the competition;
9. Repeatedly passing through the finishing point to collect post-race items in violation of regulations;
10. Privately passing through the finishing point to collect souvenirs without completing the entire race;
11. Disobeying the command of event staff;
12. Disturbing the event, fighting or gathering to make trouble;
13. A participant carrying another person's timing chip, or one participant carrying two or more timing chips (including a male participant carrying a female participant's chip);
14. Continuing the competition after the cut-off time or returning to the route after withdrawing;
15. A participant passing through the finishing point without carrying his/her own bib number as required;
16. Forging a bib number without permission or using a bib number from another event to collect finish items and medals;
17. Altering or covering the bib number without permission to participate in the competition or transferring the bib number;
18. Passing through the finishing point with a chip not issued by the organizing committee;
19. Completing the competition by relay;
20. Engaging in uncivilized behaviors (such as defecating/urinating in public, littering, etc.);
21. Other acts that violate the competition rules.

(12) During the competition, all responsibilities and consequences arising from a participant obtaining qualification by false information or having someone else run on his/her behalf shall be borne by the participant himself/herself.

(13) For specific requirements and arrangements regarding the competition, please log in to the official Shenzhen Marathon website to obtain relevant information before the competition.

VI. Participation Methods

(1) Age Requirements

Participants for the marathon event must be over 20 years old (born before December 31, 2005);

Note: Participants must register in accordance with the age requirements with their own valid documents (such as ID cards and passports). Participants aged 70 and above must submit the Participation Declaration and Health and Safety Responsibility Commitment jointly signed by themselves and their family members. A "Special Award for Shenzhen Runners" is set up; Shenzhen citizen participants must select the option of holding a Shenzhen Resident ID Card or a valid Shenzhen Special Economic Zone Residence Permit when registering to be eligible for this award.

(2) Health Requirements

Marathon is a sport that constantly challenges one's limits and carries certain risks. Improper exercise may cause physical injuries of varying degrees, even endangering life. Therefore, participants in Marathon should be in good health and have a foundation of regular running exercise or training. Participants must clearly understand the assumption of risk during participation, undergo a physical examination in a qualified formal medical institution, evaluate their physical condition based on the medical report, and confirm whether they can participate in the marathon. Participants should register for the competition based on their physical condition and training level.

People with the following physical conditions are not suitable for participating in the competition:

Patients with Congenital heart defect and rheumatic heart disease;

Hypertension and Cerebrovascular disease patients;

Patients with Myocarditis and other heart diseases;

Patients with coronary artery disease and severe arrhythmia;

People who experience moderate chest pain when doing light activities and severe coronary artery disease (angina pectoris);

Patients with high or low blood sugar diabetes;

Those who have contracted a cold within two weeks before the event day;

Those who drink a large amount of strong alcohol or lack sleep the night before the event;

Those who have not recovered from infectious diseases;

Pregnant women;

Patients with other diseases that are not suitable for exercise.

During the competition, participants shall bear personal responsibility for personal injury and property loss caused by their own physical conditions and other personal reasons. The 2025 Shenzhen Marathon Organizing Committee requires all participants to undergo a physical examination (including electrocardiogram and cardiac color ultrasound) in a formal medical institution, conduct self-evaluation based on the examination report, and confirm that their physical condition is suitable for long-distance running before registering.

Declaration: The race route, water supply stations, toilets and other facilities of this event are not suitable for strollers, roller skates and other groups. To fully protect your personal safety, the organizing committee has the right to terminate the participation qualification of the above-mentioned groups.

(3) Registration Methods

1. Registration Time

Pre-registration Period: 10:00 on October 30 - 17:00 on November 2.

Individual Competition: Lottery result inquiry and registration fee payment period: 10:00 on October 30 -17:00 on November 2.

(Note: Participation qualifications will be obtained through a lottery plus a waiting list. For specific registration methods, procedures, waiting list and withdrawal mechanisms, please refer to the Registration Instructions on the official event website. If the number of participants who pay after the first round of lottery is too small, the organizing committee will conduct a second round of lottery; if the waiting list is sufficient, qualifications will be selected from the waiting list. The time of the second round of lottery is to be determined.)

Announcement Time of Participant Numbers: To be announced at a later date. After the announcement, participants can log in to the official website to query their participant numbers.

2. Direct Qualification Quotas

Elite Runners: In accordance with the Implementation Measures for the Rating of Mass Runners in Road Running Events of the Chinese Athletics Association issued by the Chinese Athletics Association, runners whose results in marathon events certified as "Category A Events" by the Chinese Athletics Association (queryable on the "China Marathon" website from January 1, 2024 (inclusive) to the registration date) meet the following direct qualification standards will have the opportunity to obtain direct participation qualification after passing information verification:

Event	Gender	Under 34	35-39	40-44	45-49	50-54	55-59	60-64	Over 65
Marathon	Male	3:00:00	3:10:00	3:15:00	3:20:00	3:30:00	3:40:00	3:50:00	4:00:00
	Female	3:20:00	3:30:00	3:35:00	3:40:00	3:50:00	4:00:00	4:20:00	4:30:00

Note: Elite runners who meet the direct qualification criteria must check the relevant option when registering and truthfully fill in their registration result information (subject to the results queried on the "China Marathon" website). Those who do not check the option or fill in the relevant information will be deemed to have automatically waived the direct qualification.

The quota is limited to 3,000. If the number of elite runners meeting the direct qualification criteria exceeds 3,000, the competition quotas will be determined by lottery. Other elite runners who fail the lottery will participate in the normal lottery of the non-direct qualification participants' pool.

Runners who have participated in at least 8 offline Shenzhen Marathons and have completed timed events will obtain participation qualification after registration;

Others: Invited runners, official pacemakers, first-aid runners, sponsors at all levels, partners, and official media will be allocated a certain number of participation quotas by the organizing committee.

3. Registration Channels

Register via the official event website.

4. Registration Process

Log in to the official event website → Click "Register Now" → Select the competition event → Read and confirm the Risk Notice → Fill in registration information → Read and agree to the Participation Declaration, then submit after confirming the registration information is complete, true and correct → Wait for lottery results → Pay the registration fee online if successful in the lottery → Obtain participation quota or waiting list qualification after successful payment → Query the participant number as required by the event notice → Download and print the Registration Confirmation Letter (printing of the Registration Confirmation Letter will be cancelled if electronic material collection is adopted).

5. Registration Fee

Marathon: RMB 200 per person.

The organizing committee reserves the right to decide whether to accept the registration based on the participant's registration situation. For participants who are

confirmed to have obtained the competition qualification, the registration fee will not be refunded after successful registration.

6. Payment Methods:

WeChat Pay, Alipay.

7. Result Certificate

Participants who complete the competition within the specified time can log in to the official Shenzhen Marathon website to query and download their result certificates 24 hours after the competition.

8. Notes

Registrants must fill in personal registration information truthfully and accurately to ensure that the participant's competition information and the organizing committee's event information are sent to the participant in a timely and accurate manner.

Registrants must clearly accept the lottery-based registration form and recognize the lottery results.

To protect the rights and interests of event sponsors, except for the sponsors designated by the organizing committee, any form of commercial promotional materials (including but not limited to flags, banners, balloons, models, etc.) are strictly prohibited along the entire Shenzhen Marathon route. Violating materials will be confiscated and the violator will be disqualified from the competition.

Each participant shall bear their own transportation, accommodation, and medical expenses for injuries during the competition.

(5) Competition Materials

1. All participants will receive a clothing bag, a competition T-shirt, a set of bib numbers, a one-time chip timing device and other items before the competition.
2. The organizing committee will distribute competition materials to participants from 10:00 a.m. to 6:00 p.m. from December 4 to December 6, 2025 (extended to 10:00 p.m. on December 6). Collection Location: To be determined (please pay attention to the material collection announcement on the official Shenzhen Marathon website for detailed information).

VII. Award Rules

(1) Marathon Ranking Awards

The top 8 male and female participants in the marathon event will be ranked based on gun time; other participants will be ranked based on net time.

The top 1st to 8th male and female marathon participants will receive the bonuses listed in the table below (Unit: USD). The 1st to 3rd place participants will each be awarded a trophy, a medal and a set of sportswear.

Male		Female	
Rank	Award	Rank	Award
1st	70000	1st	70000
2nd	35000	2nd	35000
3rd	20000	3rd	20000
4th	10000	4th	10000
5th	8000	5th	8000
6th	6000	6th	6000
7th	4000	7th	4000
8th	2000	8th	2000

Note: The prize money is based on World Athletics' recommendations for label events and is denominated in US dollars; however, based on the athletes' needs, it will be settled in equivalent RMB.

If a participant is found to have doping test issues, his/her ranking will be cancelled, and the subsequent rankings will not be advanced. No bonuses will be distributed on-site. Chinese participants who win the above bonuses will receive the equivalent amount in RMB. (Calculated based on the exchange rate on the day of the event)

In accordance with Chinese tax laws, a 20% personal income tax will be levied on the above bonuses, which shall be borne by the winning participants and withheld and paid by the organizing committee.

In addition, in accordance with the 2025 World Athletics Label Road Race Rules, the top 8 (including male and female) finishers in Elite, Gold and Platinum Label events shall pay 2% of their bonuses (before fines and deductions) as a contribution from international elite athletes to the anti-doping test fund. This fee will be withheld and paid by the organizing committee.

(2) Course Record Breaking Award

Male: If the gun time is within (excluding) 2:08:19 and the participant wins the first place, a bonus of USD 20,000 will be awarded;

Female: If the gun time is within (excluding) 2:22:07 and the participant wins the first place, a bonus of USD 20,000 will be awarded.

(3) Chinese Nationality Participant Ranking Awards

The top 8 male and female Chinese nationality participants will be ranked based on net time.

The top 1st to 8th male and female Chinese nationality participants will receive the bonuses listed in the table below (Unit: RMB). The 1st to 3rd place participants will each be awarded a trophy, a medal and a set of sportswear.

Male		Female	
Rank	Award	Rank	Award
1st	60000	1st	60000
2nd	35000	2nd	35000
3rd	15000	3rd	15000
4th	10000	4th	10000
5th	8000	5th	8000
6th	6000	6th	6000
7th	4000	7th	4000
8th	3000	8th	3000

(4) Chinese Nationality Athlete Breaking "Chinese Nationality (Male/Female) Marathon Best Record" Award

A bonus of RMB 100,000 will be awarded to the male and female record breakers respectively, and only the first place will be rewarded.

(5) Shenzhen Runner Special Award

The Shenzhen Runner Special Award will be ranked based on net time.

For Shenzhen citizens (must hold a Shenzhen Resident ID Card or a Shenzhen Special Economic Zone Residence Permit valid on or after December 7, 2025) participating in the marathon, the top 1st to 10th male and female participants will receive the bonuses listed in the table below (Unit: RMB).

Place	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Prize	2000	1800	1600	1400	1200	1000	800	700	600	500

Note: If a participant wins the Marathon Ranking Award, Chinese Nationality Participant Ranking Award and Shenzhen Runner Special Award at the same time, the ranking certificates will be issued together, but the bonus will be awarded based on the highest-level award won by the participant (no duplicate accumulation), and the subsequent rankings will not be advanced. The Course Record Breaking Award and the Chinese Nationality Athlete Breaking "Chinese Nationality (Male/Female) Marathon Best Record" Award are additional awards, and their bonuses can be accumulated.

In accordance with Chinese tax laws, a 20% personal income tax will be levied on the above bonuses, which shall be borne by the winning participants and withheld and paid by the organizing committee.

(6) Finish Reward

Participants who complete the competition within the specified time will receive a finish bag and a commemorative finish medal.

(7) Award Publicity

The list of all winners will be published on the official website for 10 days. The bonuses for marathon winners will be remitted to the winners' reserved bank cards after the doping test results are released. If a winner is found to have doping test issues, his/her ranking will be cancelled, and the subsequent rankings will not be advanced.

VIII. Medical Aid

(1) The organizing committee will set up a fixed medical point every 2.5 km along the marathon route, with obvious signs 100 meters before each medical point. Participants who experience physical discomfort or other emergencies can receive treatment at the nearest medical point.

(2) The organizing committee will deploy medical ambulances along the route to handle emergency medical situations in a timely manner. Medical ambulances have the highest right of way at the competition site; all personnel and vehicles must actively make way.

(3) Along the route, the organizing committee will arrange a volunteer every 100 meters or so to assist with medical assistance and maintain competition order. Participants can ask them for help if they have any problems.

IX. Security and Transportation

(1) The organizing committee will deploy sufficient security personnel and facilities at the starting/finishing points and along the route to ensure the safe operation of the competition.

(2) The traffic management department will implement humanized traffic control and temporary adjustment measures for buses and subways during the competition to minimize the impact on urban traffic.

X. Technical Officials and Referees

The Chinese Athletics Association will assign technical representatives and technical officials; other chief referees and referees will be assigned by the undertaking organization.

XI. Insurance

The organizing committee will purchase personal accident insurance for all participants and staff, and the insurance policy will be based on the registration information. If incorrect registration information results in failure to purchase insurance, the responsibility shall be borne by the registrant. Please log in to the official Shenzhen Marathon website to view the Personal Insurance Instructions before the competition.